## OGSLSC JUNIOR ACTIVITIES PROGRAM CALENDAR - 2023/24

Please check the calendar on a regular basis. For additional carnival information from LSV please visit https://lsv.com.au/clubs-members/sports/2023-2024-lsv-sports-calendar/

September				
Date	Time	Location	Activity	Details
			Pre-season	Nippers are encouraged to continue or start swimming in preparation for the season
October				
Date	Time	Location	Activity	Details
твс	TBC	Ocean Grove SLSC - training room / main be	Age Manager accreditation session	Practical accreditation session for Age Managers
Sunday, October 08, 2023	2.45 - 4.45pm	BASC	Preliminary assessment	U8-(2:45) U9 (3:15) U10 (3:45) U11-13 (4-4:30)
Saturday, October 14, 2023	2.45 - 4.45pm	BASC	Preliminary assessment	U8-(2:45) U9 (3:15) U10 (3:45) U11-13 (4-4:30)
Sunday, October 15, 2023	3-4:30pm	Ocean Grove SLSC - Main function room	Nipper season information sesison	Information session for all nipper parents
Sunday, October 15, 2023		Williamstown	Beach carnival #1	
Tuesday, October 17, 2023	6-7pm	Ocean Grove River	Surf Sport Performance session	U11-U13 River session for base skills / fitness
Wednesday, October 18, 2023	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport - Beach session	U10-U13 sport and competition beach training
Friday, October 20, 2023	5:30-6:30pm	Ocean Grove SLSC - Beach / River session	Surf Sport Fundamentals	U8-U13 sport and competition training
Saturday, October 21, 2023		Cosy Corner	Endurance Championships	
Sunday, October 22, 2023	10-11:30am	Ocean Grove SLSC - Training room / upstairs	Surf Education theory session 1	Core and surf sport all ages combined
Sunday, October 22, 2023	твс	Ocean Grove SLSC - training room / main be	Coaching accreditation session	Practical accreditation session for coaches
Tuesday, October 24, 2023	5:30-6:30pm	Ocean Grove SLSC - Beach / River session	Surf Sport Performance session	U11-U13 Base skill and fitness beach or river
Wednesday, October 25, 2023	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport - Beach session	U10-U13 sport and competition beach training
Friday, October 27, 2023	5:30-6:30pm	Ocean Grove SLSC - Beach / River session	Surf Sport Fundamentals	U8-U13 sport and competition training
Sunday, October 29, 2023	10-11:30am	Ocean Grove SLSC - Training room / upstairs	Surf Education theory session 2	Core and surf sport all ages combined
Tuesday, October 31, 2023	5:30-6:30pm	Ocean Grove SLSC - Beach / River session	Surf Sport Performance session	U11-U13 Base skill and fitness beach or river

November				
Date	Time	Location	Activity	Details
Melbourne cup weekend			Break	Break for cup weekend
Friday, November 10, 2023	5:30-6:30pm	Ocean Grove SLSC - Main Beach	* Surf Sport	U8-U13 sport and competition training
Friday, November 10, 2023		Mordialloc	Beach carnival #2	
Sunday, November 12, 2023	10-11:30am	Ocean Grove SLSC - Training room / upstairs	Surf Education theory session 3	Core and surf sport all ages combined
Tuesday, November 14, 2023	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Friday, November 17, 2023	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U8-U13 sport and competition training
Sunday, November 19, 2023	10:11:30am	Ocean Grove SLSC - Main Beach	Core nippers and surf sport programs	U8-U13 core nippers and U11-U13 surf sport
Tuesday, November 21, 2023	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Friday, November 24, 2023	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U8-U13 sport and competition training
Sunday, November 26, 2023	10:11:30am	Ocean Grove SLSC - Main Beach	Core nippers and surf sport programs	U8-U13 core nippers and U11-U13 surf sport
Tuesday, November 28, 2023	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session

December				
Date	Time	Location	Activity	Details
Saturday, December 02, 2023		Ocean Grove SLSC	Junior Carnival #1	
Sunday, December 03, 2023	10:11:30am	Ocean Grove SLSC - Main Beach	Core nippers and surf sport programs	U8-U13 core nippers and U11-U13 surf sport
Tuesday, December 05, 2023	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Friday, December 08, 2023	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U8-U13 sport and competition training
Sunday, December 10, 2023	10:11:30am	Ocean Grove SLSC - Main Beach	Core nippers and surf sport programs	U8-U13 core nippers and U11-U13 surf sport
Tuesday, December 12, 2023	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Friday, December 15, 2023	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U8-U13 sport and competition training
Sunday, December 17, 2023	10:11:30am	Ocean Grove SLSC - Main Beach	Core nippers and surf sport programs	U8-U13 core nippers and U11-U13 surf sport
Tuesday, December 19, 2023	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Friday, December 22, 2023	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U8-U13 sport and competition training
Wednesday, December 27, 202	9:30-11:30am	Ocean Grove SLSC - Main Beach	Summer surf Education intensive	U8-U10 (9:30-11) U11-U13 (10-11:30) surf Education
Thursday, December 28, 2023	9:30-11:30am	Ocean Grove SLSC - Main Beach	Summer surf Education intensive	U8-U10 (9:30-11) U11-U13 (10-11:30) surf Education
Friday, December 29, 2023	9:30-11:30am	Ocean Grove SLSC - Main Beach	Summer surf Education intensive	U8-U10 (9:30-11) U11-U13 (10-11:30) surf Education
Friday, December 29, 2023	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U8-U13 sport and competition training
Saturday, December 30, 2023	9:30-11:30am	Ocean Grove SLSC - Main Beach	Summer surf Education intensive	U8-U10 (9:30-11) U11-U13 (10-11:30) surf Education

January				
	Time	Location	Activity	Details
Tuesday, January 02, 2024	-	Ocean Grove SLSC - Main Beach	Summer surf Education intensive	U8-U10 (9:30-11) U11-U13 (10-11:30) surf Education
Tuesday, January 02, 2024		Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U11-U13 sport and competition training
Wednesday, January 02, 2024		Ocean Grove SLSC - Main Beach	Summer surf Education intensive	U8-U10 (9:30-11) U11-U13 (10-11:30) surf Education
Friday, January 05, 2024	9.30=11.30am	Cosy Corner Torquay	Junior Carnival #2	08-010 (5.50-11) 011-015 (10-11.50) sull Education
Sunday, January 03, 2024	10:11:20pm	Ocean Grove SLSC - Main Beach		U8-U13 core nippers and U11-U13 surf sport
Tuesday, January 09, 2024		Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Friday, January 12, 2024		Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U8-U13 sport and competition training
Sunday, January 14, 2024		Ocean Grove SLSC - Main Beach		U8-U13 core nippers and U11-U13 surf sport
Tuesday, January 16, 2024		Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Friday, January 19, 2024	· ·	Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U8-U13 sport and competition training
Sunday, January 21, 2024		Ocean Grove SLSC - Main Beach		U8-U13 core nippers and U11-U13 surf sport
		Ocean Grove SESC - Main Beach	Break	Australia Day holiday
Friday, January 26, 2024 Sunday, January 28, 2024		Mt Martha	Junior Carnival #3	Australia Day holiday
	10:11:20==			
Sunday, January 28, 2024	10:11:50am	Ocean Grove SLSC - Main Beach	* Core nippers	U8-U13 core nippers
February				
Date	Time	Location	Activity	Details
Sunday, February 04, 2024	NO trainin	due to carnival		
Sunday, February 04, 2024		Point Leo	Junior Carnival #4	
Tuesday, February 06, 2024	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Friday, February 09, 2024	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U8-U13 sport and competition training
Sunday, February 11, 2024	10:11:30am	Ocean Grove SLSC - Main Beach	Club Champs ? Core nippers and surf	U8-U13 core nippers and U11-U13 surf sport
Tuesday, February 13, 2024	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Friday, February 16, 2024	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport (club champs back up)	U8-U13 sport and competition training
Sunday, February 18, 2024	10:11:30am	Ocean Grove SLSC - Main Beach	Club Champs ? Core nippers and surf	U8-U13 core nippers and U11-U13 surf sport
Tuesday, February 20, 2024	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Friday, February 23, 2024	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport (club champs back up)	U8-U13 sport and competition training
Sunday, February 25, 2024	NO training d	e to carnival		t
Sunday, February 25, 2024		Anglesea		
Tuesday, February 27, 2024	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
March				
Date	Time	Location	Activity	Details
Friday, March 01, 2024	5:30-6:30pm	Ocean Grove SLSC - Main Beach	Surf Sport Fundamentals	U11-U13 sport and competition training
Sunday, March 03, 2024	10:11:30am	Ocean Grove SLSC - Main Beach	End of Season celebration - Core nipp	U8-U13 core nippers and U11-U13 surf sport
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Tuesday, March 05, 2024	6-7pm	Ocean Grove SLSC - Main Beach	Surf Sport Performance session	U11-U13 Ocean water performance training session
Tuesday, March 05, 2024 Friday, March 08, 2024	6-7pm	Ocean Grove SLSC - Main Beach Warrnambool	Surf Sport Performance session Junior State Championships	U11-U13 Ocean water performance training session
	6-7pm			U11-U13 Ocean water performance training session

Season presentation and awards day

April
Sunday April 28, 202**0cean Grove SLSC - Main function room**Presentation day